MDP Overview

Module	Session	Time	Learning Mode
1	SRM Programme Onboarding & Welcome	45 mins	Virtual facilitated session – remember your pre-course activity
	Insights Profile	30 mins	Insights completion
2	Insights and Self awareness	3 hours	Virtual facilitated session – remember your pre-course activity
3	Unconscious Bias	1 hour	Self directed
4	Big Picture Thinking	2 hour	Virtual facilitated session – remember your pre-course activity
5	Learning check in	15 mins (each)	Virtual 1-1 check in
6	High Performing Teams	2.5 hours	Virtual facilitated session – remember your pre-course activity
7	Personal Effectiveness	3 hours	Virtual facilitated session – remember your pre-course activity
8	Effective Communication	1 hour	Self directed
9	Learning check in	15 mins (each)	Virtual 1-1 check in

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10	Developing leadership and management impact	3 hours	Virtual facilitated session – remember your pre-course activity
11	Introduction to Transactional Analysis	1 hour	Self directed
12	Coaching and Challenging Performance Conversations	3 hours	Virtual facilitated session – remember your pre-course activity
13	Learning check in	15 mins (each)	1-1 check in
14	Reviewing your Learning Journey	2 hours	Self directed
15	121 Coaching	30 mins (each)	Virtual coaching
16	Consolidation of Learning	3 hours	Virtual facilitated session