

STEPPING UP TO MANAGEMENT AND LEADERSHIP MOMENTUM SESSION

What is a Momentum Session? It's a chance to continue your learning, receive support and guidance from your peers and facilitator, share successes, ideas and challenges. It is an open forum discussion which will allow you to gain support from your colleagues in achieving your goals and also to help your colleagues to achieve their goals. It is a valuable opportunity to get together to really get to the bottom of what works and what doesn't – it's about focusing on success.

What Do I Need? Please make sure you have your *Learning Log* that you have been working on and be prepared to share with your colleagues:

- The changes you have made as a result of the learning event and the impact those changes have made
- Your successes and achievements since the workshop
- The challenges you currently face

And finally... ***To gain the most from the session, please make sure you are in a suitable, quiet environment***

If you have any questions or queries, please contact [Enter facilitators name here].